

Reflecting on INTEGRITY



Integrity Traits

- ❖ Expressing gratitude for others
- ❖ Valuing honesty and openness
- ❖ Taking responsibility and accountability for your actions, good and bad
- ❖ Respecting yourself and others around you no matter where you are
- ❖ Demonstrating reliability and trustworthiness
- ❖ Showing patience and flexibility, even when unexpected obstacles show up

<https://www.betterup.com/blog/integrity-in-the-workplace>

What is integrity?

Integrity is displayed when we do what we say we will do and put into practice what we say is right. It is present when we take responsibility for our actions and are trustworthy. Integrity is especially evident during the difficult times when we are called upon to respond with a strong character, when we show courage and honesty to help create a safe environment for all.

Who is a model of integrity for you?

We have so many amazing stories to tell that highlight Integrity alive in our work!

Mission Awards gives us a wonderful opportunity to tell these stories and celebrate inspiring examples of our values in action.

The 2024 Mission Awards nomination deadline of December 15, 2023, is COMING SOON!!!

Visit www.covenantmissionawards.com to find the values criteria, nomination forms and sample nominations, and to read the profiles of all the [2023 Mission Awards nominees](#).

Having a high level of integrity is one of the most important characteristics we can possess. It is a core value, a choice, and something we can nurture. Coming from a place of integrity means being truthful and honest. It means being reliable. It means trying to build rather than break, help rather than hurt, connect rather than crumble. Coming from a place of integrity means being authentic — the same you, whether people are watching or not. We will not always be right or do right, but when we have integrity, we step up; we accept responsibility for our actions.

-Stephanie Staples



To be a leader means to have humility, to have respect and to serve the people that we are leading. And that type of character, that type of integrity not only brings real fulfillment to our own hearts, but also has a great effect on the lives of all the people around us.
-Radhanath Swamienim

Story: The New Emperor

An aging emperor in the East decided on a novel way to choose his successor. He called the city's youths to his palace. Handing out some special seeds, he told them, "Go and plant these seeds. In a year 's time, I will judge your plants and choose the new emperor."

One boy named Ling took his pot home and planted the seed. Every day he watered it but nothing grew. Even though his friends at school were talking about their growing plants, Ling only had an empty pot.

When the day came to return to the palace, Ling went with a frightened heart. The emperor appeared. All the other youths had magnificent plants. When the emperor saw Ling's plant, he summoned him to the front and announced to the crowd, "Behold your new emperor! He has courage and integrity for all the seeds I gave you were boiled and useless. He was the only one not to cheat. He will be a wise ruler.

If I could teach only one value to live by, it would be this: Success will come and go, but integrity is forever. Integrity means doing the right thing at all times and in all circumstances, whether or not anyone is watching. It takes having the courage to do the right thing, no matter what the consequences will be. Building a reputation of integrity takes years, but it takes only a second to lose, so never allow yourself to ever do anything that would damage your integrity. – Amy Rees Anderson

One way we define Integrity is through the Mission Awards Integrity Criteria

1. Discloses adverse events in an open, transparent and safe environment or fosters a safe environment for others to do so.
2. Is willing to listen and speak out when needed to prevent or resolve ethical conflict.
3. Takes responsibility for their own words and actions without blaming others.
4. Challenges plans or practices that could be harmful and works with others to find better options.
5. Honors their commitments so others see them as honest and trustworthy.
6. Responds to complaints promptly and respectfully and follows through with creative solutions.
7. Practices self-awareness and self-care so they can consistently provide high-quality service.