

# Reflecting on COLLABORATION



## What is collaboration?

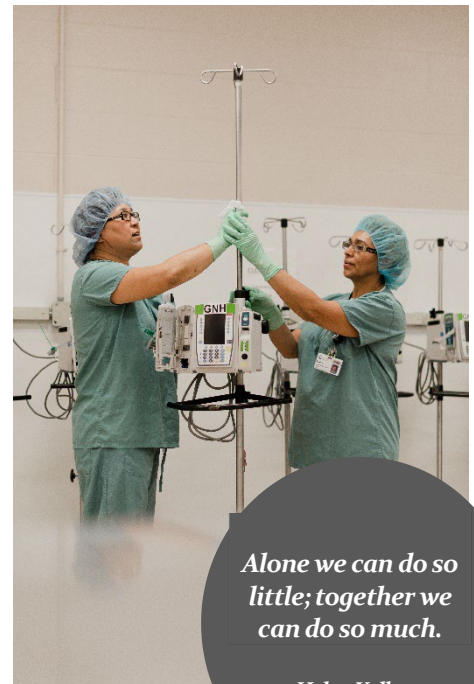
We are better together. Collaboration exists when we work together to achieve a common goal; when we aren't concerned with who gets the credit; and when we consider diverse points of view to achieve the best outcome. Teams who have a strong sense of collaboration accomplish more, achieve higher quality results, have higher morale and come up with more unique ideas. Collaboration is key to our success and to our sense of fulfillment in our work.

**Who is a model of collaboration for you?**

## Why is it so important to collaborate?

- ❖ **Accomplish something faster:** If multiple parts can be worked on at the same time, having multiple people who can do it just makes sense to get it done earlier.
- ❖ **Achieve higher quality:** Individuals are skilled at different things and if you can take advantage of those strengths, you will end up with a higher quality result.
- ❖ **Have higher morale:** When doing something (especially something challenging), not having to do something alone and having support from others who are in it together can help boost morale.
- ❖ **Idea generation:** We all come from different backgrounds and have different angles and approaches when it comes to thinking about things, consequently, can all come up with ideas one individual may never have thought of.

Madiken Helsel: <https://www.quora.com/Why-is-it-so-important-to-collaborate>



*Alone we can do so little; together we can do so much.*

*-Helen Keller*

## ***We have so many amazing stories to tell that highlight Collaboration alive in our work!***

**Mission Awards** gives us a wonderful opportunity to tell these stories and celebrate inspiring examples of our values in action. Our values are core to our identity and they help shape the culture we create together as they help guide our interactions with those we serve.

**The 2024 Mission Awards nomination deadline of December 15, 2023, is COMING SOON!!!**

Visit [www.covenantmissionawards.com](http://www.covenantmissionawards.com) to find the values criteria, nomination forms and sample nominations, and to read the profiles of all the [2023 Mission Awards nominees](#).



*The strength of the team is each individual member. The strength of each member is the team*

*-Phil Jackson*

## **Check out some inspiring Covenant Collaborators**

[New collaboration seeks public input on the future of aging | Vital Beat](#)

[Finding solutions together | Vital Beat](#)

[Cindy Srinivasan, volunteer, MCH | 2023 Mission Awards collaboration nomination](#)

[Celebrity Chef Culinary team, SMHCCT | 2023 Mission Awards collaboration nomination](#)

[North Cottage team, day rotation, Centre de Santé Saint-Thomas | 2023 Mission Awards collaboration nomination](#)

## **Questions for Reflection**

**How is your team or site stronger because of your diversity?**

**How could you collaborate more in your work to benefit your team and those in your care?**

## **One way we define Collaboration is through the Mission Awards Collaboration Criteria**

1. Brings groups together inside and outside Covenant.
2. Honours diversity, including the capacity to engage diverse points of view.
3. Communicates effectively to engage others and promote strong teams.
4. Works with others to use resources efficiently and have a bigger impact by working together.
5. Includes patients, residents and families as valued partners in the care experience.
6. Regularly gives credit to those who contribute.
7. Shares experience and expertise in a way that empowers others to advance our mission.